

***BKC Hitting Lessons  
November 1 to December 22  
1525 Equity Drive Troy MI 48084***



If you plan on hitting the entire session, this is the best time to register. Players that are going to hit the entire session on the same day and same time, will have “priority registration.” If you are unable to commit to the entire session at this time, there will be another email that will come out 2 weeks before the session, and at that point, I will list all the times and days we still have available. At that point, players can sign up for one lesson at a time.

**Mondays: November 6, 13, 20, 27 December 4, 11, 18 (4pm, 5pm, 6pm, 7pm, 8pm)**

**Tuesdays: November 7, 14, 21, 28 December 5, 12, 19 (4pm, 5pm, 7pm, 8pm)**

**Wednesdays: November 1, 8, 15, 29 December 6, 13, 20 (4pm, 5pm, 6pm, 7pm, 8pm)**

**Thursdays: November 2, 9, 16, 30 December 7, 14, 21 (4pm, 5pm, 6pm, 7pm, 8pm)**

**Fridays: November 3, 10, 17 December 1, 8, 15, 22 (4pm, 5pm, 6pm, 7pm, 8pm)**

**Saturdays: November 4, 11, 18 December 2, 9, 16 (10am, 11am, 12pm, 1pm, 2pm, 3pm, 4pm)**

**Sundays: November 5, 12, 19, 26 December 3, 10, 17 (10am, 11am, 12pm, 1pm, 2pm, 3pm)**

**7 Total Lessons All Days = \$525 (\$75 per lesson)**

**6 Total Lessons Saturdays \$450 (\$75 per lesson)**

### **Hitting:**

2:1 player to instructor ratio

### **Lessons Format:**

1. Instructors will **identify point of emphasis** for the lesson
2. Instructors will give the **player techniques, terminology and drill(s)** to address the point of **emphasis**
3. Instructors will do a **video breakdown** of the player’s swing on a high-definition camera

4. All players will receive an **email with the measurable results** and a video of his swing from the lesson
5. **Players receive 100+ swings during the lesson**

### **Technology:**

The Hittrax measures exit velocity, point of contact, distance, max distance, etc... all measurables that help an instructor and player see trends and improvements. Charts are emailed so each player can analyze the data and trends. Hittrax is also a game simulator, which allows players to actually see where and how far they are hitting the ball, as well as hits or outs.

### **Technology Benefits:**

The technology gives measurables, which in turn show improvement from week to week.

**Lesson Cost:** \$75

**Age:** 8-18

**2 locations:** 1525 Equity Drive (please ask which location you are at)

**Payable:** BKC

**Mailing Address for Checks:** 16299 Beechwood Beverly Hills MI 48025

**Venmo:** @brian-kalczynski

**Contact Info:** [briankalczynski@gmail.com](mailto:briankalczynski@gmail.com) or text or call at 248-910-7493

**To Register:** [briankalczynski@gmail.com](mailto:briankalczynski@gmail.com)