

***BKC Hitting Lessons
March 11 – April 28
1525 Equity Drive Troy MI 48084***



If you plan on hitting the entire session, this is the best time to register. Players that are going to hit the entire session on the same day and same time, will have “priority registration.” If you are unable to commit to the entire session at this time, there will be another email that will come out 2 weeks before the session, and at that point, I will list all the times and days we still have available. At that point, players can sign up for one lesson at a time.

Mondays: March 11, 18, 25 April 1, 8, 15, 22 (5pm, 7pm, 8pm)

Tuesdays: March 12, 19, 26 April 2, 9, 16, 23 (Sold Out) – Sylvan Lake has openings

Wednesdays: March 13, 20, April 3, 10, 17, 24 (5pm, 7pm, 8pm)

Thursdays: March 14, 21 April 4, 11, 18, 25 (5pm, 6pm, 7pm, 8pm)

Fridays: March 15, 22 April 5, 12, 19, 26 (5pm, 6pm, 7pm, 8pm)

Saturdays: March 16, 23, April 6, 13, 20, 27 (11am, 1pm, 5pm)

Sundays: March 17, 24 April 7, 14, 21, 28 (9am, 12pm, 3pm, 7pm)

Mondays, Tuesdays = 7 total lessons \$525

Wednesdays through Sunday = 6 lessons \$450

Hitting:

2:1 player to instructor ratio

Lessons Format:

1. Instructors will **identify point of emphasis** for the lesson
2. Instructors will give the **player techniques, terminology and drill(s)** to address the point of **emphasis**
3. Instructors will do a **video breakdown** of the player’s swing on a high definition camera

4. All players will receive an **email with the measurable results** and a video of his swing from the lesson
5. **Players receive 100+ swings during the lesson**

Technology:

The Hittrax measures exit velocity, point of contact, distance, max distance, etc... all measurables that help an instructor and player see trends and improvements. Charts are emailed so each player can analyze the data and trends. Hittrax is also a game simulator, which allows players to actually see where and how far they are hitting the ball, as well as hits or outs.

Technology Benefits:

The technology gives measurables, which in turn show improvement from week to week.

Lesson Cost: \$75

Age: 8-18

Locations: 1525 Equity Drive

Payable: BKC

Mailing Address for Checks: 16299 Beechwood Beverly Hills MI 48025

Venmo: @brian-kalczynski

Contact Info: briankalczynski@gmail.com or text or call at 248-910-7493

To Register: briankalczynski@gmail.com