

# Catching Lessons

## Joe Kalczynski and Nick Dardas

### October 30 – December 18

#### 5 Areas of Focus:

1. Stance
2. Receiving
3. Blocking
4. Weekly Throwing mechanics and breakdown
5. Repetition stations

**Mondays: November 4, 11, 18, 25 December 2, 9, 16 (6pm, 7pm, 8pm)**

**Thursdays: November 7, 14, 21 December 5, 12, 19 (6pm, 8pm)**

**Fridays: November 1, 8, 15, 22 December 6, 13, 20 (4pm, 5pm, 6pm, 7pm, 8pm)**

**Mondays and Fridays - 7 Total Lessons All Days = \$525 (\$75 per lesson)**  
**Thursdays - 6 Total Lessons Saturdays \$450 (\$75 per lesson)**

**Ratio:** 1:2 coach to player ratio

**Age:** 8U to 17U (All players will be grouped by age, then skill level)

**Payment:** All spots must be paid in advance. To solidify your son's spot, please make payment:

1. venmo or paypal. Account [briankalczynski@gmail.com](mailto:briankalczynski@gmail.com)
2. Check to: BKC  
(Address: 16299 Beechwood Beverly Hills MI 48025)

**Cancellation Policy:** If you need to cancel, Brian Kalczynski must receive 24-hour notice by email or text. Players that give 24-hour notice will receive a makeup lesson.

**Lesson Location:** 1525 Equity Drive Troy MI 48025 (Warrior Park)

**Reserve Your Spot:** Brian Kalczynski 248-910-7493 or [briankalczynski@gmail.com](mailto:briankalczynski@gmail.com)